

Synthesis of (25S)-[26-²H₁]Cholesterol and ¹H N.m.r. Signal Assignments of the *pro-R* and *pro-S* Methyl Groups at C-25

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(25S)-[26-²H₁]Cholesterol (**11**) has been prepared from diosgenin (**1**), and the absolute configuration at C-25 of the crucial intermediate, (25R)-26-hydroxycholesterol (**6**), has been identified by X-ray crystallographic analysis. The two methyl groups at C-25 of cholesterol have been examined by ¹H n.m.r. spectroscopy and the two sets of doublet methyl signals due to 27-H and 26-H have been observed at δ_H 0.862 and 0.866 downfield from the internal reference. The former was assigned to 27-H, the *pro-R* methyl group attached at C-25, and the latter to 26-H, the *pro-S* methyl group attached at C-25. The ¹³C n.m.r. signal assignments of the methyl groups at C-25 reported by Popjak were confirmed on the basis of the signals of the deuteriated cholesterol (**11**).

A large number of naturally occurring sterols and steroids have on their side-chain an isopropyl group; the two chemically equivalent methyl groups of this group, for cholesterol, are nonequivalent in biochemical reactions. Thus, biological oxidations distinguish between the two C-25 methyl groups of cholesterol to give (25R)-26-hydroxycholesterol^{1,2} and (25S)-26-hydroxycholesterol,^{1,2} and in the biosynthesis of cholesterol, *pro-R* and *pro-S* methyl groups at C-25 originate from C-2 and C-6 of mevalonate (MVA), respectively.³ The magnetic nonequivalency of these methyl groups was also observed by ¹³C n.m.r. spectroscopy, and the two methyl signals were assigned on the basis of their biochemical nonequivalence.⁴

In contrast, sterols which have no C-24 substituent on their side chain show, by n.m.r. spectroscopy, magnetic equivalence of their two C-25 methyl groups.⁵ When the side-chain is substituted at C-24, as in campesterol or sitosterol, the two C-25 methyl groups have different chemical shifts in both their ¹H n.m.r.⁶ and ¹³C n.m.r. spectra.⁷ Recently, we reported assignments of the ¹³C methyl signals based on biosynthetic evidence.⁸

We have re-examined cholesterol carefully by ¹H Fourier transform (F.t.) n.m.r. spectroscopy at 400 MHz and observed the magnetic nonequivalence of 26-H† and 27-H;† they appeared at 0.866 and 0.862 p.p.m. This fact prompted us to prepare (25S)-[26-²H₁]cholesterol to assign the methyl resonances based on evidence other than biochemical nonequivalence.

Results and Discussion

To prepare (25S)-26-deuteriated cholesterol (**11**), we chose diosgenin acetate (**1**) as the starting material, the configuration at C-25 of diosgenin having been established by X-ray analysis.⁹ Clemmensen reduction of diosgenin acetate (**1**) gave (25R)-16β,26-dihydroxycholesterol (**2**).¹⁰ Since the 16β-hydroxy group is sterically hindered, *p*-nitrobenzoylation of (**2**) afforded the 3,26-bis-*p*-nitrobenzoyl derivative (**3**). Huang-Minlon reduction of the 16-oxo compound (**5**), which was obtained by Jones' oxidation of (**3**) followed by deprotection, afforded 26-hydroxycholesterol (**6**).

Since the configuration at C-25 of spirostanols can be

† Although Popjak proposed the *pro-R* and *pro-S* methyl groups at C-25 of cholesterol (**12**) be numbered C-26 and C-27, respectively, we use C-26 for the *pro-S* methyl group at C-25 and C-27 for the *pro-R* methyl group at C-25 of cholesterol (**12**) in accordance with the numbering of (**11**)

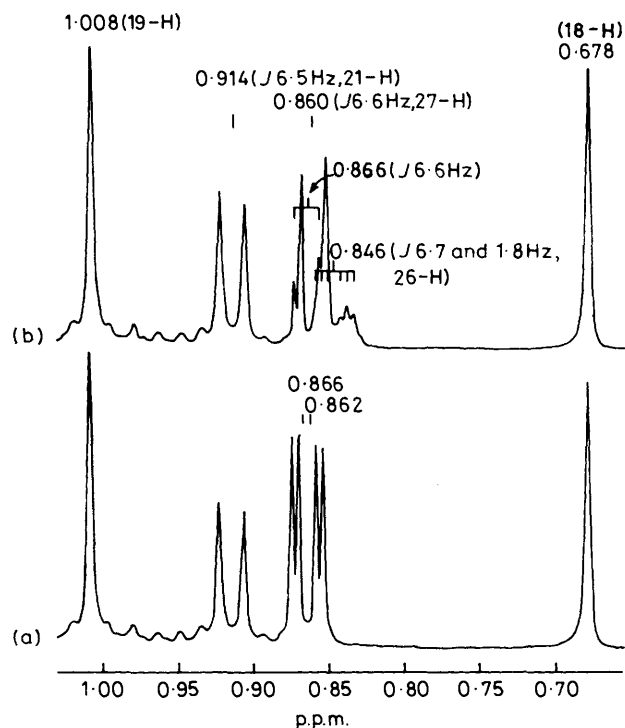
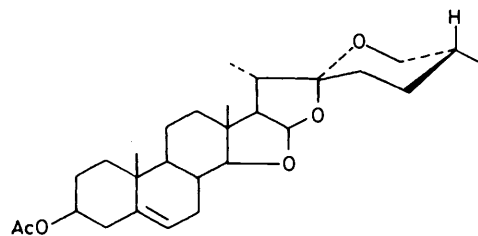


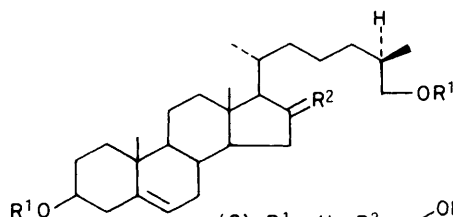
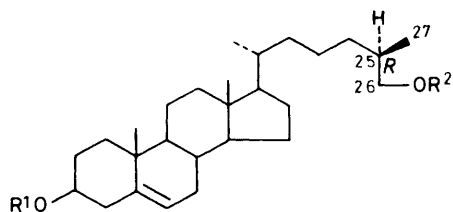
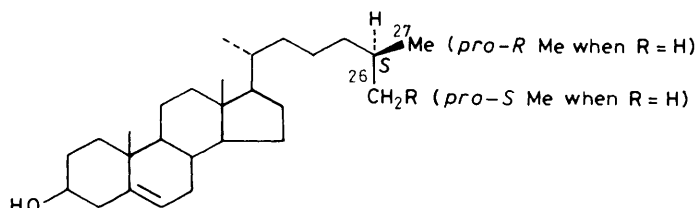
Figure. Highfield ¹H n.m.r. spectra of (a) cholesterol (**12**) and (b) (25S)-[26-²H₁]cholesterol (**11**), were recorded on a Varian XL-400 n.m.r. spectrometer in [²H]chloroform; spectral width, 3 800 Hz; pulse width, 5.0 μs; acquisition time, 3.950 s; accuracies of δ and J are ±0.0006 p.p.m. and ±0.25 Hz. A doublet of triplets signal at 0.846 p.p.m. was clearly observed by resolution enhancement and Gaussian apodization of the spectrum

reversed by acid treatment,¹¹ X-ray diffraction was used to confirm the C-25 configuration of (25R)-26-hydroxycholesterol. In the Clemmensen reduction, we treated diosgenin in hydrochloric acid; the optical rotation of the 26-hydroxycholesterol obtained, [α]_D^{24.0} -40.6°, was in poor agreement with the literature value, [α]_D -33.5°.¹²

To remove the 26-hydroxy group, (25R)-26-hydroxycholesterol (**6**) was converted into the 26-trityl ether (**7**), which was acetylated to (**8**). Acid treatment of (**8**) gave 3-*O*-acetyl-26-hydroxycholesterol (**9**), which was converted into the 26-tosylate (**10**). On treatment with lithium aluminium deuteride,



(1)

(2) $R^1 = H$, $R^2 = \begin{matrix} \text{OH} \\ \diagdown \\ \text{H} \end{matrix}$ (3) $R^1 = p\text{-O}_2\text{NC}_6\text{H}_4\text{CO}$, $R^2 = \begin{matrix} \text{OH} \\ \diagdown \\ \text{H} \end{matrix}$ (4) $R^1 = p\text{-O}_2\text{NC}_6\text{H}_4\text{CO}$, $R^2 = O$ (5) $R^1 = H$, $R^2 = O$ (6) $R^1 = R^2 = H$ (7) $R^1 = H$, $R^2 = \text{CPh}_3$ (8) $R^1 = \text{Ac}$, $R^2 = \text{CPh}_3$ (9) $R^1 = \text{Ac}$, $R^2 = H$ (10) $R^1 = \text{Ac}$, $R^2 = p\text{-MeC}_6\text{H}_4\text{SO}_2$ (11) $R = {}^2\text{H}$ (12) $R = H$

compound (10) afforded (25*S*)-[26-²H₁]cholesterol (11), the configuration at C-25 of which should be the same as that of (25*R*)-26-hydroxycholesterol (6). Mass spectrometry of (11) showed that 94% of the cholesterol had a single deuterium atom at C-26 (M^+ , m/z 387).

As shown in the Figure (a), the ¹H n.m.r. spectrum of cholesterol (12) examined by 400 MHz F.t. n.m.r. spectroscopy at high accuracy (± 0.006 p.p.m.) showed two doublets at 0.862 (J 6.6 Hz) and 0.866 p.p.m. (J 6.6 Hz) downfield from the internal reference corresponding to the isopropyl methyl groups in the side chain. In the ¹H spectrum [see Figure (b)] of (25*S*)-[26-²H₁]cholesterol (11), the signal at 0.866 p.p.m. had shifted upfield owing to the deuterium isotope shift¹³ (-0.020 p.p.m.) and appeared as a doublet of triplets at 0.846 p.p.m. (${}^3J_{\text{H,H}}$ 6.7 and ${}^2J_{\text{H,D}}$ 1.8 Hz). Consequently, this signal was assigned to 26-H. A further doublet signal at 0.862 p.p.m. shifted upfield and appeared at 0.860 p.p.m. (${}^3J_{\text{H,H}}$ 6.6 Hz) was assigned to 27-H. The weak doublet signal at 0.866 p.p.m. (${}^3J_{\text{H,H}}$ 6.6 Hz) [see Figure (b)] was due to the unlabelled methyl (26-H) signal generated from the hydrogen atom in 99% deuteriated lithium aluminium hydride. In the ¹H complete decoupled ¹³C n.m.r. spectrum of (25*S*)-[26-²H₁]cholesterol (11), C-27 appeared at 22.5 p.p.m. and C-26 originally at 22.7 p.p.m. shifted upfield by 0.2 p.p.m. owing to the deuterium isotope shift¹³ and appeared at 22.5 p.p.m. as a triplet, ${}^1J_{\text{C,D}}$ 18 Hz. This conclusion agrees with the assignments made by Popjak based on biosynthetic findings.⁴

Experimental

M.p.s were taken on a hot plate and are uncorrected. ¹H N.m.r. spectra were recorded on a Varian EM-390 spectrometer in [²H]chloroform unless otherwise stated. ¹³C F.t. n.m.r. spectra were recorded on a Varian XL-100-12A spectrometer operating

at 25.16 MHz at 30 °C using a 10-mm spinning spherical tube. F.t. n.m.r. measurement conditions were as follows: spectral width, 4 131 Hz; pulse flipping angle, 40°; acquisition time, 0.992 s; number of data points, 8 192. Chemical shifts are given in δ (p.p.m.) downfield from internal tetramethylsilane. The accuracies of δ_{H} and δ_{C} are ± 0.01 and ± 0.04 p.p.m., respectively. Optical rotations were determined on a Hitachi Perkin-Elmer 141 instrument and mass spectra were recorded on a RMV-8GN spectrometer.

(25*R*)-16 β ,26-Dihydroxycholesterol (2).—To diosgenin acetate (1) (1 g), m.p. 202–206 °C [$\alpha_{\text{D}}^{24.0}$ -119.9° (CHCl₃, c 1.001), was added zinc amalgam [freshly prepared from HgCl₂ (3 g) and zinc powder (30 g) in 1.3% hydrochloric acid] in 90% ethanol (100 ml). Concentrated hydrochloric acid (30 ml) was added over 1.5 h to the above mixture heated under reflux; the heating was then continued for a further 1.5 h. The mixture was cooled, the inorganic material filtered off, and the filtrate concentrated under reduced pressure to 50 ml; it was then extracted with chloroform, and the extract washed with water, dried (Na₂SO₄), and evaporated. Chromatography of the residue on silica gel eluted with hexane–ethyl acetate–chloroform (3:4:3) gave (25*R*)-16 β ,26-dihydroxycholesterol (2) (367 mg), m.p. 182–183 °C, δ_{H} (CDCl₃ + CD₃OD 1 drop) 0.87 (3 H, s, 18-H), 0.87 (3 H, d, J 6.6 Hz, 27-H), 0.95 (3 H, d, J 6.6 Hz, 21-H), 1.00 (3 H, s, 19-H), 3.37 (2 H, d, J 6 Hz, 26-H), 3.4 (1 H, m, 3-H), 4.28 (1 H, m, 16-H), and 5.31 (1 H, d, J 5 Hz, 6-H).

(25*R*)-3 β ,25-O-Bis-*p*-nitrobenzoyl-16 β ,26-dihydroxycholesterol (3).—To (25*R*)-16 β ,26-dihydroxycholesterol (2) (180 mg) in ether (30 ml) and pyridine (2 ml) was added *p*-nitrobenzoyl chloride (500 mg) and the mixture was left for 3 h at room temperature. Methanol was then added to destroy the excess of chloride. After work-up, the ethyl acetate extract was purified by silica gel chromatography, eluting with hexane–

ethyl acetate–chloroform (8:1:2), to give (25*R*)-3 β ,26-*O*-bis-*p*-nitrobenzoyl-16 β ,26-dihydroxycholesterol (3) (120 mg), m.p. 206–208 °C, δ_{H} (CDCl₃ + CD₃OD 1 drop) 0.90 (3 H, s, 18-H), 0.97 (3 H, d, *J* 6.5 Hz, 27-H), 1.03 (3 H, d, *J* 6.5 Hz, 21-H), 1.08 (3 H, s, 19-H), 4.3 (3 H, m, 16-H and 26-H), 4.87 (1 H, m, 3-H), 5.43 (1 H, d, *J* 6 Hz, 6-H), and 8.25 and 8.30 (4 H, ABq, *J* 8 Hz, ArH).

(25*R*)-3 β ,26-*O*-Bis-*p*-nitrobenzoyl-16-oxo-26-hydroxycholesterol (4).—Jones' reagent (0.5 ml) was added to a stirred solution of compound (3) (100 mg) in acetone (15 ml) with ice cooling and stirring was then continued for 1.5 h. After work-up, the ether extract was purified by silica gel chromatography with hexane–ethyl acetate–chloroform (4:2:1) as eluant to give (25*R*)-3 β ,26-*O*-bis-*p*-nitrobenzoyl-16-oxo-26-hydroxycholesterol (4) (97 mg), m.p. 155–157 °C (Found: C, 68.85; H, 6.9; N, 3.9. C₄₁H₅₀N₂O₉ requires C, 68.88; H, 7.05; N, 3.92%); δ_{H} (CDCl₃) 0.85 (3 H, s, 18-H), 1.00 (3 H, d, *J* 6.0 Hz, 27-H), 1.05 (3 H, d, *J* 6.6 Hz, 21-H), 1.12 (3 H, s, 19-H), 4.18 and 4.27 (2 H, AB part of ABX, *J* 11, 6, and 6 Hz, 26-H), 4.93 (1 H, m, 3-H), 5.45 (1 H, d, *J* 5 Hz, 6-H), and 8.25 and 8.30 (4 H, ABq, *J* 8 Hz, ArH).

(25*R*)-26-Hydroxy-16-oxocholesterol (5).—Compound (4) (520 mg) was refluxed for 2 h in 1% potassium hydroxide in methanol (30 ml). After work-up, the chloroform extract was purified by silica gel chromatography with hexane–ethyl acetate (1:1) as eluant to give (25*R*)-26-hydroxy-16-oxocholesterol (5) (288 mg), m.p. 170 °C (Found: C, 77.45; H, 10.7. C₂₇H₄₄O₃ requires C, 77.83; H, 10.65%); δ_{H} (CDCl₃) 0.82 (3 H, s, 18-H), 0.89 (3 H, d, *J* 6.5 Hz, 27-H), 0.97 (3 H, d, *J* 6.5 Hz, 21-H), 1.02 (3 H, s, 19-H), 3.37 and 3.46 (2 H, AB part of ABX, *J* 11, 6 and 6 Hz, 26-H), 3.63 (1 H, m, 3-H), and 5.32 (1 H, d, *J* 5 Hz, 6-H).

(25*R*)-26-Hydroxycholesterol (6).—Compound (5) (100 mg) was heated for 1.5 h at 130 °C with hydrazine hydrochloride (180 mg) and 80% hydrazine hydrate (950 mg) in triethylene-glycol (5.2 ml). Potassium hydroxide (450 mg) was added to the mixture which was then heated at 210 °C for 3.5 h with distillation of the water. The mixture was cooled, diluted with water, and the product extracted with chloroform. The crude product was purified by silica gel chromatography with *n*-hexane–ethyl acetate (1:1) as eluant to afford (25*R*)-26-hydroxycholesterol (6) (94 mg), m.p. 169–170 °C (from chloroform) and 176 °C (from methanol) (Found: C, 80.3; H, 11.7. C₂₇H₄₆O₂ requires C, 80.54; H, 11.52%; $[\alpha]_{\text{D}}^{24.0} - 40.6^{\circ}$ (*c* 1.277, CHCl₃), δ_{H} (CDCl₃) 0.67 (3 H, s, 18-H), 0.90 (3 H, d, *J* 6 Hz, 27-H), 0.96 (3 H, d, *J* 6 Hz, 21-H), 1.00 (3 H, s, 19-H), 3.40 and 3.50 (2 H, AB part of ABX, *J* 11, 6, and 6 Hz, 26-H), 3.5 (1 H, m, 3-H), 5.33 (1 H, d, *J* 5 Hz, 6-H); δ_{C}^* (CDCl₃ + CD₃OD 1 drop) 11.88 (C-18), 16.53 (C-27), 18.70 (C-21), 19.41 (C-19), 21.14 (C-11), 23.50 (C-23), 24.33 (C-15), 28.29 (C-16), 31.51 (C-2), 31.96 (C-7 and C-8), 33.62 (C-24), 35.81 (C-20 and C-25), 36.23 (C-22), 36.57 (C-10), 37.32 (C-1), 39.86 (C-12), 42.18 (C-4), 42.38 (C-13), 50.22 (C-9), 56.22 (C-17), 56.84 (C-14), 68.38 (C-26), 71.68 (C-3), 121.66 (C-6), and 140.89 (C-5). A crystal obtained from chloroform when subjected to X-ray diffraction measurement was shown to be identical with a crystal of (25*R*)-26-hydroxycholesterol.¹⁴

3-*O*-Acetyl-26-hydroxy-26-*O*-tritylcholesterol (8).—Triphenylmethyl chloride (58 mg) was added to 26-hydroxycholesterol (6) (40 mg) in pyridine (0.5 ml) and the mixture heated at 80 °C for 2 h. When no starting material was detectable by t.l.c., acetic anhydride (0.3 ml) was added slowly to the mixture which was then heated at the same temperature for 2 h. After cooling, methanol was added slowly to destroy the excess of reagent, and then the reaction mixture was diluted with water. The ethyl acetate extract was purified by t.l.c. [silica, hexane–ethyl acetate–chloroform (8:1:1)] to give 3-*O*-acetyl-26-hydroxy-26-*O*-tritylcholesterol (8) (49.8 mg), *m/z* 626 (*M*⁺ – AcOH); δ_{H} (CDCl₃) 0.67 (3 H, s, 18-H), 0.93 (6 H, d, *J* 6 Hz, 21-H and 27-H), 1.01 (3 H, s, 19-H), 2.00 (3 H, s, Ac), 2.84 and 2.90 (2 H, AB part of ABX, *J* 9, 6, and 6 Hz, 26-H), 4.62 (1 H, m, 3-H), 5.35 (1 H, d, *J* 5 Hz, 6-H), and 7.2–7.5 (15 H, m, ArH).

3-*O*-Acetyl-26-hydroxycholesterol (9).—Trityl acetate (8) (40 mg) in ethanol (5 ml) with concentrated hydrochloric acid (5 drops) was stirred for 2 h at room temperature after which the reaction mixture was diluted with water. The mixture was extracted with ethyl acetate and the extract purified by silica gel chromatography with hexane–ethyl acetate–chloroform (4:1:1) as eluant to afford 3-*O*-acetyl-26-hydroxycholesterol (9) (26 mg) (Found: C, 78.25; H, 10.3. C₂₉H₄₈O₃ requires C, 78.32; H, 10.88%); δ_{H} (CDCl₃) 0.67 (3 H, s, 18-H), 0.91 (6 H, d, *J* 6.5 Hz, 21-H and 27-H), 1.01 (3 H, s, 19-H), 2.01 (3 H, s, Ac), 3.40 and 3.49 (2 H, AB part of ABq, *J* 11, 6, and 6 Hz, 26-H), 4.60 (1 H, m, 3-H), and 5.36 (1 H, d, *J* 5 Hz, 6-H).

3-*O*-Acetyl-26-hydroxy-26-*O*-tosylcholesterol (10).—Toluene-*p*-sulphonic acid (40 mg) was added to the 26-hydroxy compound (9) (26 mg) in pyridine (1 ml) and the mixture was left for 6 h at room temperature. After work-up, the ether extract was purified by t.l.c. [silica, hexane–ethyl acetate (3:1)] to give 3-*O*-acetyl-26-*O*-tosyl-26-hydroxycholesterol (10) (20 mg).

(25*S*)-[26-²H₁]Cholesterol (11).—The tosylate (10) (20 mg) was added to lithium aluminium deuteride (20 mg, Merck 99 ²H atom%) in ether (2 ml) and stirred for 2 h at room temperature. The excess of reagent was destroyed with 5% aqueous sodium hydrogencarbonate and the inorganic material was then filtered off. The filtrate was evaporated to dryness and the residue was purified by t.l.c., with hexane–ethyl acetate–chloroform (4:1:1) as eluant, to give (25*S*)-[26-²H₁]cholesterol (11) (14 mg), *m/z* 387 (*M*⁺, 100%) and 386 (6%); $[\alpha]_{\text{D}}^{24.0} - 42.3^{\circ}$ (*c* 1.249 CHCl₃); δ_{H} (± 0.0006 p.p.m. in CDCl₃ at 400 MHz) 0.678 (3 H, s, 18-H), 0.846 (2 H, dt, *J* 6.7 and 1.8 Hz, 26-H), 0.860 (3 H, d, *J* 6.6 Hz, 27-H), 0.914 (3 H, d, *J* 6.5 Hz, 21-H), 1.008 (3 H, s, 19-H), 3.53 (1 H, m, 3-H), and 5.355 (1 H, d, *J* 5.2 Hz, 6-H); δ_{C} (CDCl₃) 11.88 (C-18), 18.74 (C-21), 19.41 (C-19), 21.11 (C-11), 22.50 (t, *J* 19 Hz, C-26), 22.54 (C-27), 23.87 (C-23), 24.31 (C-15), 27.95 (C-25), 28.24 (C-16), 31.71 (C-2), 31.94 (C-7 and C-8), 35.81 (C-20), 36.22 (C-22), 36.53 (C-10), 37.30 (C-1), 39.53 (C-24), 39.82 (C-12), 42.35 (C-4 and C-13), 50.20 (C-9), 56.22 (C-17), 56.81 (C-14), 71.81 (C-3), 121.72 (C-6), and 140.80 (C-5).

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* A small amount of the (25*S*)-isomer of (6) was detected in the ¹³C n.m.r. spectrum of the mother liquor of (6). The two isomers differ only by the different chemical shifts of three carbons, C-24, C-26, and C-27. The $\Delta\delta$ value of the corresponding carbons are so small [δ_{C} 33.62, 68.38, and 16.53 for the (25*R*)-isomer and δ_{C} 33.74, 68.28, and 16.74 for the (25*S*)-isomer] that identification of one of the isomers would be difficult by the n.m.r. method.

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